

# vitamin CØDE

## Ferro plus direkt

Food supplement, powder, with sugar and sweetener.

**For energy, immunity, and normal oxygen transport.**



FOR CHILDREN AND ADULTS



PLEASANT BLUEBERRY FLAVOUR

20 sachets



**BEZ  
LAKTOZE**  
LACTOSE  
FREE



**BEZ  
GLUTENA**  
GLUTEN  
FREE

## Iron deficiency symptoms



POOR  
CONCENTRATION



WEAKNESS



INCREASED  
FATIGUE



DIZZINESS  
AND PALENESS

**A practical form of a daily dose of iron: Ferro plus direkt, ferric pyrophosphate PROVIDES HIGH ABSORPTION WITHOUT UNPLEASANT SIDE EFFECTS.**

OTHER FORMS OF IRON (FERROUS SULPHATE, FERROUS CITRATE, FERRIC AMMONIUM CITRATE)	FERRIC PYROPHOSPHATE (PATENTED FORM FERRSORB)
<ul style="list-style-type: none"><li>• Iron ions are released in the mouth and stomach</li><li>• Strong metallic taste</li><li>• High risk of digestive side effects</li><li>• Cause teeth darkening</li></ul>	<ul style="list-style-type: none"><li>• Iron ions are released in the duodendum</li><li>• High bioavailability of iron ions for absorption</li><li>• Higher utilization of ingested iron</li><li>• No metallic taste</li><li>• No digestive side effects</li><li>• No teeth darkening</li></ul>

### YASENKA FERRO PLUS DIREKT IS RECOMMENDED TO BE TAKEN:

- in the stages of children's intensive growth
- by women of reproductive age
- with increased and/or prolonged bleeding during the menstrual cycle
- as preparation for pregnancy and during pregnancy and breastfeeding
- in case of insufficient iron intake (avoidance of foods of meat origin, monotonous diet, restrictive diets, vegetarianism)
- in case of problems with absorption from the digestive system (inflammatory bowel diseases, coeliac disease, damage of the mucous membrane of the small intestine).

### ONE SACHET OF YASENKA FERRO PLUS DIREKT CONTAINS:

- 14 mg of iron in the active form of ferric pyrophosphate
- 100% of the nutrient reference value of vitamin C
- 100% of the nutrient reference value of vitamins B2, B6, and B12
- 100% of the nutrient reference value of folic acid – in the activated form of 5-methyl-tetrahydrofolate (5-MTHF).

### PLEASANT BLUEBERRY FLAVOUR AND PRACTICAL APPLICATION DIRECTLY INTO THE MOUTH – IMPROVED PATIENT COMPLIANCE

#### INSTRUCTIONS FOR USE

Slowly pour the contents of the sachet directly into the mouth, without taking any liquid.

#### DOSING

Children from 4 to 12 years: half a sachet a day.

Adults and children over 12 years: one sachet a day or as recommended by a doctor.

