



## ACTIVE BODY

MATE TEA, BLACK RADISH, BIRCH, DANDELION, MILK THISTLE, ARTICHOKE, BROMELAIN, PAPAIN  
Liquid food supplement, with sweeteners, mango flavour

### CONTAINS IN A RECOMMENDED DAILY DOSE:

	25 ml	% *NRV
Mate tea extract <i>of which caffeine</i>	1251 mg 100 mg	- -
Black radish extract <i>equivalent to black radish root</i>	750 mg 3000 mg	- -
Birch extract	400 mg	-
Dandelion extract	200 mg	-
Milk thistle extract <i>of which 80% silymarin</i>	162 mg 130 mg	- -
Artichoke extract	125 mg	-
Bromelain (2500 GDU/g)	300 mg	-
Papain (6000 USP, 100 TU)	300 mg	-

\*NRV = nutrient reference value

- = NRV is not determined

YASENKA SKINAGE ACTIVE BODY ACTIVATES THE METABOLISM AND ENABLES THE FIRST STEP OF TRANSFORMATION.

skinage  
ACTIVE

### IT IS RECOMMENDED:

- FOR LIVER AND BODY DETOX
- FOR METABOLISM ACTIVATION AND BETTER DIGESTION
- IN CASE OF PROBLEMS WITH VISCERAL BODY FAT (FAT ACCUMULATION AROUND THE ABDOMINAL AREA AND HIPS)
- IN CASE OF PROBLEMS WITH WATER RETENTION AND BUILD-UP OF CELLULITE
- TO INCREASE EXERCISE EFFICIENCY AND FASTER WEIGHT LOSS AS WELL AS WAISTLINE REDUCTION

### INSTRUCTIONS FOR USE:

Take 25 ml once a day, in a direct form or diluted in a small quantity of water.



ACTIVE  
BODY

THE FIRST STEP OF  
TRANSFORMATION

skinage  
ACTIVE

## YASENKA SKINAGE ACTIVE BODY

Fast-paced life, unbalanced diet, intake of simple carbohydrates, sweetened beverages, imbalance of gut microbiome, and lack of physical activity. All this results in excess body weight being on the rise and occurring already in childhood. In addition to aesthetic problems, excess body weight also causes joint problems, flatulence and feeling of discomfort, psychological distress, and even the rise of “modern” diseases, among which metabolic syndrome and non-alcoholic fatty liver disease stand out.

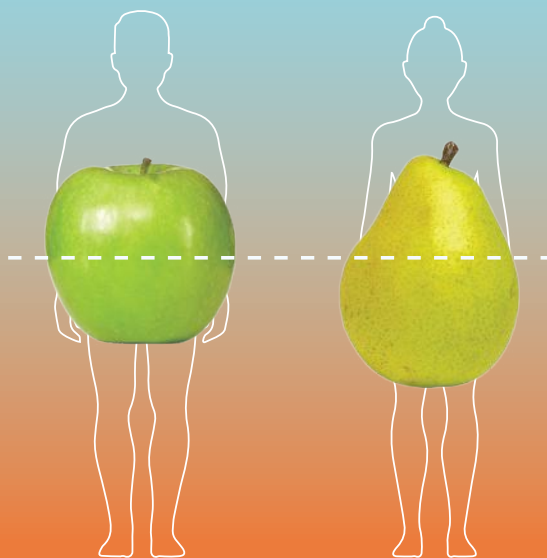
Metabolic syndrome is also called syndrome X and is characterised by

- IRREGULAR ACCUMULATION OF FAT IN THE ABDOMINAL AREA (VISCERAL FAT)
- ELEVATED GLUCOSE ON AN EMPTY STOMACH
- ELEVATED TRIGLYCERIDES
- REDUCED HDL CHOLESTEROL.

One of the main causes, along with unbalanced diet and lack of physical activity, is stress, which disturbs the hormonal balance and increases the tendency to accumulate fat in the abdominal area. Health problems that can arise from metabolic syndrome are:

- TYPE 2 DIABETES
- POLYCYSTIC OVARY SYNDROME
- CARDIOVASCULAR DISEASE
- FATTY LIVER.

**EVERY 3<sup>RD</sup> CROAT FACES THE PROBLEM OF METABOLIC SYNDROME.**



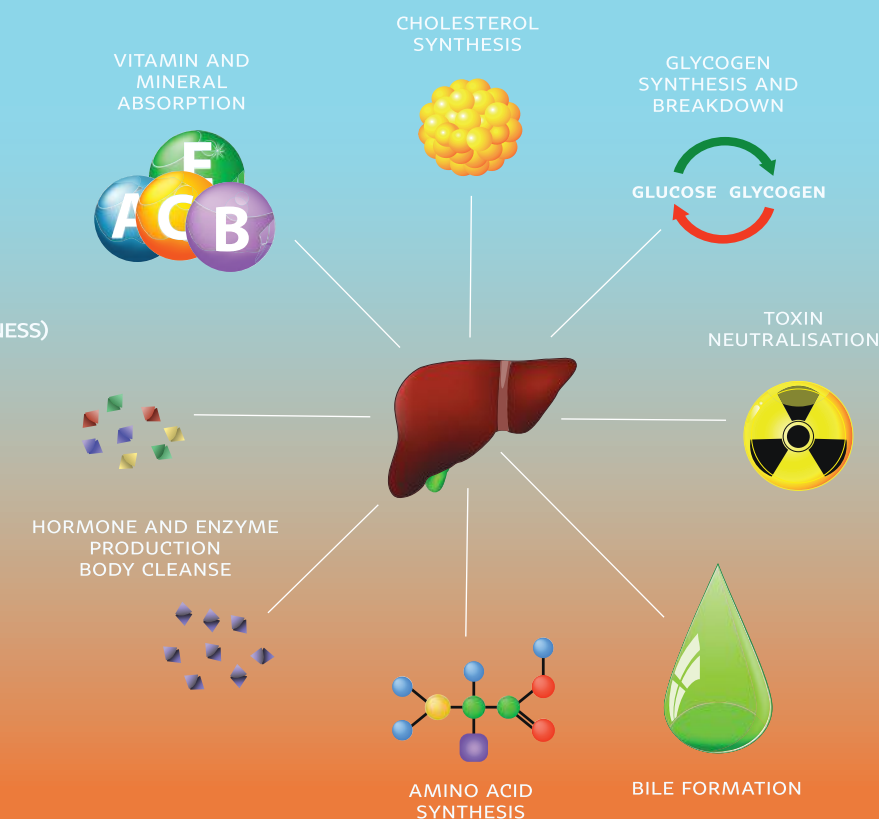
## STATISTICS SHOW THAT NON-ALCOHOLIC FATTY LIVER DISEASE (NAFLD) IN THE WESTERN WORLD AFFECTS NOT ONLY 25% OF THE ADULT POPULATION BUT ALSO 10% OF CHILDREN.

Non-alcoholic fatty liver disease is a reversible liver disease characterised by the accumulation of triglycerides in liver cells and damage to liver cells (hepatocytes). It most often occurs in obese middle-aged women, in non-insulin-dependent diabetes, and with elevated blood lipids.

The first symptoms indicating a slow metabolism and inadequate liver function are:

- FATIGUE, WEAKNESS, AND LACK OF ENERGY
- LACK OF CONCENTRATION
- DIGESTIVE PROBLEMS (CONSTIPATION, FLATULENCE, AND FEELING OF HEAVINESS)
- EXCESSIVE WATER RETENTION IN THE BODY (OEDEMATOUS APPEARANCE)
- EXCESS BODY WEIGHT AND BUILD-UP OF CELLULITE.

These are all signs that both your body and your metabolism need to get moving.



## YASENKA SKINAGE ACTIVE BODY ALLOWS:

### DETOX

BLACK RADISH 3000 MG  
ARTICHOKE  
MILK THISTLE  
(80% SYLIMARIN)

LIVER CLEANSING AND LIVER CELL REGENERATION  
FASTER REMOVAL OF TOXINS FROM THE BODY  
REDUCED CHOLESTEROL LEVEL  
REDUCED TRIGLYCERIDE LEVEL  
REDUCED BLOOD GLUCOSE LEVEL

### FASTER METABOLISM AND FAT BURNING

PINEAPPLE ENZYMES  
(BROMELAIN 2500 GDU/G)  
PAPAYA ENZYMES  
(PAPAIN 6000 USP/100 TU)  
DANDELION  
MATE TEA

BETTER DIGESTION AND HIGHER UTILISATION OF INGESTED FOODS  
COMPLETE PROTEIN ABSORPTION  
REDUCED FORMATION AND INCREASED BREAKDOWN OF FAT STORES AND CELLULITE  
FASTER CALORIE BURNING  
BOOSTING OF METABOLISM SPEEDS UP THE WEIGHT LOSS PROCESS  
REDUCED FLATULENCE

### REMOVAL OF EXCESS WATER FROM THE BODY

BIRCH  
DANDELION

NATURAL DIURETICS  
REDUCE THE OEDEMATOUS APPEARANCE  
ACCELERATE THE EXCRETION OF TOXINS FROM THE BODY  
CONTRIBUTE TO THE FEELING OF LIGHTNESS AND WAISTLINE REDUCTION

### ENERGY REGAINING

MATE TEA 1251 MG  
CAFFEINE 100 MG

INCREASE IN ENERGY AND CONCENTRATION  
HELPS BODY BURN EXCESS CALORIES  
GIVES A FEELING OF FULLNESS  
INCREASES EXERCISE EFFICIENCY AND ENDURANCE  
INCREASES DOPAMINE LEVELS  
PROVIDES A BALANCED BOOST OF ENERGY – WAKEFULNESS WITHOUT “CAFFEINE JITTERS”